

# SPEED Camp at Husson University

## Camp Information Packet

**Please note:** All paperwork and payments should be turned in to your coach or camp contact person. You will make your checks out to either your coach, gym or school, who will send in one payment for the entire team.

### **CAMP TUITION:**

Resident (overnight) campers.....\$	330.00	Resident (overnight) coaches .....	\$ 230.00
Commuter (day) campers.....	305.00	Commuter (day) coaches.....	215.00

\*There is a minimum charge of \$3300 per team.

**CAMP PAYMENT:** A minimum of \$50 per person deposit is required by May 15th to hold your reservation at camp. Full payment is due by June 1st.

Deposits are non-refundable and non-transferable. **Coaches will collect all payments and will send ONE school check, bank check or money order payable to Tami Campbell or NCA Cheer Camp at Husson (NOT NCA) and send to:**

Tami Campbell  
NCA Cheer Camp at Husson  
31 Kennebec Road  
Hampden, ME 04444

Late registrations will be accepted IF there is room in the session. Late registrants must pay in full when they register.

**DEPOSITS:** An individuals' deposit is applied towards their full cost of camp. Deposits are non-refundable. Deposits CANNOT be applied to the balance of those attending.

**CANCELLATION POLICY:** If you are unable to attend camp, notify me in writing at [cheerncahusson@gmail.com](mailto:cheerncahusson@gmail.com), or the above address. Be sure to state your name, school and session on all correspondence.

<i>If Cancelled:</i>	<i>Amount Retained/Billed:</i>
31 or more prior to camp start date	\$50 per person
15-30 days prior to camp start date	\$100 per person
0-14 days prior to camp start date	Full Tuition

**REFUNDS:** Requests for refunds must be submitted in writing and received within 30 days of the camp end date. Please allow 2-3 weeks after camp has ended to receive refunds. Refund requests can be emailed to [cheerncahusson@gmail.com](mailto:cheerncahusson@gmail.com) or mailed to Tami Campbell at the above address.

## **\*\*\*FORMS NEEDED FOR CAMP\*\*\***

There are two forms that all campers & campers will need to complete and submit BEFORE THEY ARE ALLOWED TO PARTICIPATE AT CAMP. These can be downloaded from the website at [mainecheercamps.com](http://mainecheercamps.com). Do not confuse the **Adult** participation/health forms with the **Participant** (camper) Release/health forms.

1. **Cheerleading Camp Health Form**: This form is to be filled out by the parent and is not to be confused with a physical examination. Please note that you must have had a physical within the past year, even if your school does not require yearly physicals. A school physical is sufficient.
2. **NCA Participant Release Form**: This form must be fully completed and signed by the parent/guardian.

Coaches will need to complete the Adult/Coach Health Form and the Adult Release Form.

**DIRECTIONS TO HUSSON UNIVERSITY**: From Interstate 95, take exit 185 (Broadway, Rte.15) in Bangor. Go north on Broadway approximately ½ mile. After you pass McDonalds, get into the left hand lane and look for Husson Avenue on your left. Follow Husson Avenue to the entrance of Husson University. Signs will direct you to the check in location.

**CHECK-IN**: Check in at camp will be from 9:00 – 11:00 am. The coach must arrive with or ahead of the team and check in for the entire team. (No campers should come check in independently.) Be sure to have all of your campers health forms and participant forms with you at check-in.

**ROOMING ASSIGNMENTS**: Plan in advance who will be roommates. We will assign each squad a block of rooms and will give you a rooming list to complete. All rooms are doubles. A separate room is designated for the coach. If there are multiple coaches, they will be assigned to doubles unless otherwise requested and space allows.

**KEYS**: Two keys will be available per room. **A \$50 key deposit will be collected per team**, and is payable at check in. This deposit (check/cash or credit card) will be returned on the last day of camp when all keys are returned. ***The lost key fee is \$50.00.***

**MEALS**: All meals are included for resident campers. The first meal served will be lunch on the first day of camp. The last meal will be breakfast on the final day of camp. Lunch and dinner (but not breakfast) are included for all commuting campers. As well as the regular menu, the Husson cafeteria offers a cook-to-order menu and a salad/sandwich bar. ***The lost meal card fee is \$15.00.***

**LODGING**: All rooms have a refrigerator/microwave with a small freezer. Your room will be clean and in good repair when you arrive. Your cooperation is expected in keeping the rooms and dorms as they were found. It must be understood by parents and campers that any damage done by the camper will be paid for by those responsible.

**MEDICAL ATTENTION FOR CAMPERS**: An athletic trainer will be in attendance throughout camp. The camp director will see that any injured or ill camper is taken to a medical facility for examination and treatment. All campers must provide their own accident insurance coverage. (Many schools offer a student accident policy.) NCA, Husson University, or the Camp Director assumes no financial responsibility for illness or injuries suffered while at camp. Parent(s)/Guardian(s) will be responsible for all medical bills incurred while at camp.

**VISITORS**: Only athletes, coaches and other authorized personnel will be allowed at camp. No other visitors will be allowed.

**JEWELRY:** For your safety, **NO JEWELRY CAN BE WORN DURING CAMP.** You will not be able to participate in camp activities until all jewelry is removed. Please wait until after camp to have your ears, or any other body parts pierced!

**CAMP RULES:** On the first day of camp, each person attending will be asked to review and sign a document indicating they understand and will abide by all camp rules.

**SPENDING MONEY:** Most cheerleaders bring extra money for pizza, soda, ice cream, chips, snacks and other goodies available at the "Snack Shack". \$5-\$10 per day is suggested. It is suggested that you not bring large amounts of cash to camp.

**VARSITY SHOP:** We hope to have a Varsity Shop full of cheerleading gear and accessories at camp. It traditionally carries T-Shirts, sweatshirts, shorts, instructional books and tapes, and more! The NCA Store accepts cash, gift cards and credit cards.

**CAMP PHOTOS:** You will have the opportunity to be photographed individually and with your squad on the first day of camp. **Please bring your order form and money with you to camp.**

**CAMP SCHEDULE:** To see a typical SPEED CAMP Schedule go to our website at [www.mainecheercamps.com](http://www.mainecheercamps.com)

**FINAL DAY SCHEDULE:** Traditionally we invite family and friends to attend the final morning at camp. However, this year only athletes, coaches and other authorized personnel will be allowed at camp. No spectators will be allowed. **Camp will end at 11:30 am on the final day of camp and campers must check out of camp by noon.**

### **\*\*\* SPECIAL ACTIVITIES \*\*\***

**SWIMMING:** Due to Covid restrictions, pool availability will be determined at the start of camp.

**JUST FOR FUN:** Due to strict fire regulations no hall decorations are allowed, but make a fun nameplate for your door so we know who you are and where you're from!

***IMPORTANT*** - Don't forget your completed Release Form and Health Form. **You will not be able to participate in camp activities without signed forms.** Coaches will collect these prior to camp.

### **\*\*\* WHAT TO BRING TO CAMP \*\*\***

- Linens, pillow, blanket
- Toiletries (toothbrush, toothpaste, shampoo, feminine hygiene products, etc.)
- Towels, washcloth and soap
- Sunscreen
- Insect repellent
- Rain gear/umbrella
- **FAN**
- Aces or braces (if needed)
- Alarm clock
- Extension cords
- Large paper bag (for in-room trash can)
- Hangers
- Tanks/ T-shirts/ shorts – 3 sets
- Sneakers
- Swimsuit

**All rooms have a refrigerator with a small freezer!**

- Any necessary medication
- Matching camp wear for pictures (uniforms are not necessary)
- Water Bottle
- Money for the NCA Store and Snack Shack
- A GREAT ATTITUDE!!!

**Coaches should plan to bring a portable Bluetooth device** for the camp music. A link will be sent to you from Varsity Spirit 2-3 days prior to your camp session.

*See you June 26th !!!*

NCA Cheer Camp at Husson  
Tami Campbell, Director  
31 Kennebec Road  
Hampden, ME 04444  
(207) 862-3355

Email: [cheerncahusson@gmail.com](mailto:cheerncahusson@gmail.com)  
Website: [www.mainecheercamps.com](http://www.mainecheercamps.com)

*Updates will be posted on our Facebook page...NCA Cheer Camp at Husson*